

St. Peter's C of E Primary & Nursery School
Wednesday with KIXX & Friday with Premier Education
2023-24

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<p>Early Learning Goals: Physical Development Gross Motor Skills ELG Children at the expected level of development will:</p> <ul style="list-style-type: none"> • Negotiate space and obstacles safely, with consideration for themselves and others; • Demonstrate strength, balance and coordination when playing; • Move energetically, such as running, jumping, dancing, hopping, skipping and climbing. 						
EYFS Wednesday KIXX	Multi sports		Net and wall		Striking	Athletics
<p>Key stage 1 Pupils should develop fundamental movement skills, become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others. They should be able to engage in competitive (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations. Pupils should be taught to:</p> <ul style="list-style-type: none"> ♣ master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities ♣ participate in team games, developing simple tactics for attacking and defending ♣ perform dances using simple movement patterns. 						
Class 1 Wednesday KIXX	Multi skills	Gymnastics	Net / wall Racket skills	Throwing and catching	Striking & Fielding Games	Athletics Running, jumping, throwing & catching
Class 1 Friday – Premier	Invasion Football	Archery	Dance	Net / wall Table tennis	Invasion	Tri – Golf

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<p>Key stage 2 Pupils should continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. They should enjoy communicating, collaborating and competing with each other. They should develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success.</p> <p>Pupils should be taught to:</p> <ul style="list-style-type: none"> ♣ use running, jumping, throwing and catching in isolation and in combination ♣ play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending ♣ develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics] ♣ perform dances using a range of movement patterns ♣ take part in outdoor and adventurous activity challenges both individually and within a team ♣ compare their performances with previous ones and demonstrate improvement to achieve their personal best. 						
Class 2 Wednesday KIXX	Swimming	Swimming	Swimming	Invasion Throwing and catching games	Striking & fielding Cricket	Athletics
Class 2 Friday - Premier	Invasion Netball	Gymnastics	Dance	Invasion Football	Net / wall Tennis	Tri - Golf
Class 3 Wednesday KIXX	Y5 Swimming	Y5 Swimming	Y5 Swimming	Net / wall Tennis	Striking and fielding Rounders	Athletics
	Y6 Invasion Football	Y6 Invasion Dodgeball	Y6 Orienteering			
Class 3 Friday - Premier	Invasion Basketball	Gymnastics	Dance	Invasion Football	Fencing	Tri - Golf
All year groups Orienteering using on site course for PE and cross-curricular learning						