

NEED HELP WITH YOUR CHILD'S SLEEP?

Sleep clinics for families of children age 12 months upwards
in Bassetlaw area



Does your child have difficulty sleeping?

Has the Covid-19 pandemic had an effect on your child's sleep?

Is it impacting on their behaviour or on family life?

Speak to one of our experienced Sleep Practitioners

1-2-1 Sleep Clinic
Appointments available via telephone or video calls

To find out more or to book an appointment please contact **Lauren** on lauren@thesleepcharity.org.uk or call **07912 667676**

Visit the website for further sleep advice and information thesleepcharity.org.uk